



FOR IMMEDIATE RELEASE

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## Sierra Community Medical Foundation Keeps Placer and Nevada County Kids

### Moving and Educated!

**6/29/2018** — The Sierra Community Medical Foundation (SCMF) announces their first annual *Undeclared* youth sports clinic event which will educate Placer and Nevada County youth on prescription drug prevention via professionally led athletic instruction.

“We are excited to introduce kids who might not otherwise have access to professionally led athletic training to a meaningful experience that will also focus on prescription drug use prevention.” said Quinn Gregory, Executive Director at Placer-Nevada County Medical Society.

The Sierra Community Medical Foundation facilitates the Placer-Nevada Rx Drug Safety Coalition which is comprised of community health professionals, physicians, law enforcement, first responders and community leaders who are focused on the current opioid crisis.

*Undeclared: A Placer Health Community Youth Sports Clinic* is a product of the Placer-Nevada Rx Drug Safety Coalition and will feature athletic training for girls and boys ages 12-18 with all levels of experience. Thanks to event sponsors; River City Medical Group and Enhancing Heart Health, the clinic is FREE! The day will include interval clinic training with baseball, basketball,

soccer, tennis and football along with guest speakers to inform the kids about the risks and consequences of opioid use. Additionally, there will be scheduled special appearances from the SF Giants, SF 49ers, Sacramento River Cats and Sacramento Republic FC!

SCMF hopes to engage students ages 12-18 in the underserved communities, those without the opportunity to engage in local sports organizations and youth that may be considered high risk for potential drug use. The event will take place at Hot Shots in Rocklin, CA on August 11, 2018 from 10 a.m. to 2 p.m. Lunch will be provided and vendors will showcase services and products relating to youth interests, health and wellness.

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**For more information, press only:**

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Event Registration link:

<https://www.eventbrite.com/e/undefeated-a-placer-health-community-youth-sports-clinic-tickets-47534769776>